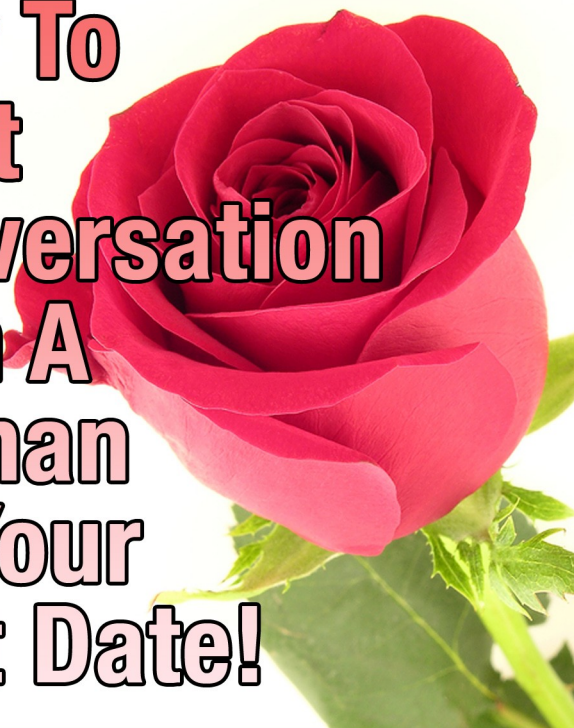


**First Date With A Woman!**

**How To  
Start  
Conversation  
With A  
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On Your  
First Date!**



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# First Date with a Woman: How to Start Conversation with a Woman on Your First Date!

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It's your first date with a gorgeous woman and you'd really like to get the conversational ball rolling. If your heart is hammering away and you are anxious about making a good impression, relax! Many men find the first date experience a little nerve-racking because they are worried about saying the wrong thing, coming off as boring, being tongue-tied, having the experience feel like a job interview or just putting their date off somehow.

It's not a difficult thing to break the ice and get a smooth conversation going with your date. The first thing you need to know to avoid being overwhelmed by first date jitters is that you are there to get a general idea of what this woman is like.

Getting to know her personality and a little bit about her life is the real goal here. Don't go rushing into your first date with the expectation of figuring out whether she is 'the one' for you. Your only purpose at this point is to discover whether you both have enough compatibility and chemistry to even want to meet a second or third time. There'll be more dates in the future if you hit it off with her and if you don't, well, it's better to know that right away.

So all you want to do here is have an enjoyable time and get to know her a little. Instead of worrying about what she might be thinking of you, just be in the moment and approach the experience from the viewpoint of whether she is interesting enough for you to want to spend more time with. This will take your mind off worrying about making a fool of yourself. Now that you aren't all strung up about the outcome of the date you'll find that there's less pressure for you to be brilliant and sweep her off her feet.

If you are the type of guy who finds it difficult to make easy conversation, don't worry. It's not rocket science! You just need to get a balanced conversation going that helps both you and her learn something about each other. Here are some tips to help you get started off on the right note.

Firstly, arrange the setting such that it is possible to have a good conversation without interruptions. Don't take her to noisy or busy locations where you need to be shouting in each other's ears to just hear each other. A quiet comfortable location is the ideal setting to begin getting to know her.

Secondly, keep in mind that your first date is all about light exploration and finding common ground. You want to get to know her but not get into deep subjects that are too controversial or too personal. Stick to topics that put your date at ease and if you sense that she is uncomfortable about a topic, switch to another. Don't force her to answer questions she isn't ready to or pry deeper into areas she isn't willing to discuss further. Keep the conversation at a comfortable level.

Thirdly, remember that it's as important to genuinely listen as it is to speak. You want the conversation to flow naturally and smoothly without it getting too one-sided. Be polite, respectful, listen to your date attentively and display good manners. What you say is as important as how and when you say it.

Quite a few men feel nervous if there are silences and find themselves blurting out things they didn't mean to say. You can avoid being one of those unfortunate guys by having a few ideas in your mind that make interesting conversation starters. A little preparation ensures that you'll never run out of things to talk about.

## **Here are some timeless ideas to keep the conversation going-**

1) **Avoid lame questions** - The most important thing you want to remember is to ask open-ended questions that help your date talk about themselves. Instead of asking them boring questions like - "Where did you study?" try "Did you enjoy studying \_\_\_\_\_ or what was your experience of studying \_\_\_\_\_?" This allows her to give you more information than simply say 'yes' or 'no' or name places, things etc. Open-ended questions give your date a chance to reveal more about herself and her take on the experiences she went through.

2) **Explore how she spends her time** - Asking your date a question like what she likes to do in her free time or after work or on the weekends will help you to figure out if you have the same type of interests or like to do the same things. This will give you a good idea about the types of activities she likes, events she likes to go to etc. which is a great thing to know to plan any future dates with her if things go well.

3) **Get her talking about her family** - Always a safe topic to explore, asking your date to tell you a little bit about her family is sure to help you learn a bit more about her personality. Asking her who she is close to, who her favorite grandparents, aunts or uncles are etc. will shed light on details that have influenced her and made her who she is today.

4) **Talk about highs and lows** - Asking her about the highs and lows of her day, week or month is a fantastic way to get the conversation going. Share your experiences too. She may be intrigued by the new restaurant you've discovered or you may find that you have a lot more in common when she talks about a great new music CD she's come across.

5) **Best Travel Experiences** - We have all been somewhere or hope to visit an exotic location someday. Talking about past travel destinations and the type of traveling she likes to do is a good conversation starter. You'll discover her idea of a getaway, whether it's taking it easy by lazing around on a beach or hiking up the slopes of a mountain.

Not only does this open up the way for you to suggest a trip somewhere, but you'll also get a good idea of how adventurous she is - whether she loves meeting new people or not and what her idea of a great trip looks like. You can expand travel to include places you've lived in or hope to live in for more conversational fodder.

6) **Beloved Foods** - You can't go wrong when you broach the subject of beloved foods! We all go ga-ga over something, be it freshly baked bread or a slice of chocolate truffle. Finding out what she has a weakness for, the foods she enjoys, whether she loves to cook or not etc., is a delicious way to spend time together. If she's a foodie you can base future dates around taking her to a new cafe or restaurant to sample her favorite foods.

If she can't boil an egg to save her life then maybe taking a cooking class together could be an activity worth exploring that'll help you to spend more time with her.

7) **Work** - Does she love what she does for a living? Is she stuck in a dead-end job with no future or is she engaged in a dead-end job to pay the bills while she studies nursing part-time? Talking about her work will give you clues as to whether she has a vision for herself, is planning a career or is just content to be laid back and live in the moment. While there isn't anything wrong with the latter it's smarter to know this going in.

If you are a go-getter type you may not be quite compatible with her or she may be just what you need to balance out your more intense personality.

8) **Relationships** - Talking of relationships can be tricky but it's a worthwhile topic to get into. Don't ask her about her past relationships or regale her with stories of your past breakups. That's too much information, too soon and it may just get tedious especially if either of you have had bad breakups that you still get frazzled over.

You can approach the area of relationships from a more positive angle by asking her the following - "What kind of relationship are you looking for? What's your vision of a great relationship?"

It's a neat way to find out exactly what she is looking for at the moment so you both don't waste any of the others time. If she's only looking to meet people and have some light-hearted fun without getting too serious then you know how things stand. You can avoid setting yourself up for disappointment especially if you are on the lookout for a serious relationship yourself.

9) **Circle of Friends** - Is she an outgoing social butterfly or more of a lone ranger? Who does she hang out with? How did she meet them and what does she like or admire about them? You'll get to know more about what she values in people when she talks about her circle of friends. She'll love talking about the people she cares about and if things work out, her friends are going to be your friends as well so it's good to pay attention!

10) **Hobbies** - What kind of hobbies does she like to spend time on? If she's too busy with work, what kind of hobbies would she give time to if she were free? These types of questions give your date a lot of leeway to talk about things that excite and inspire her. You may be delighted to find that she shares your interests or be fascinated to learn more about the different areas she's interested in.

These are just a few ideas to help you keep an interesting conversation going. The latest movie or the most thought-provoking book she has read recently, her interest in pets, music, sports etc. are all good conversation starters. Whatever you talk about, remember to pay attention and make direct eye contact. It's a real turn-off to talk to any person who's eyes are roaming all over the place.

File away pieces of information that may come in handy later like the types of books she reads or the movies she likes to go to. That gives you ideas for potential dates or presents.

Follow up on interesting pieces of information as they emerge. If she talks about how much she adored that particular play, ask her what was so impressive about it. If she tells you that she's been feeling a little exhausted, ask her why. Not only will you come across as truly attentive and caring, you'll also be able to keep the conversation going easily.



Simple questions sometimes lead up to the most interesting conversations so pursue any conversational track as it opens up as long as it isn't extremely personal.

Be alert to any opportunities that present themselves. For instance, is she wearing an interesting piece of jewelry or does she have an exotic middle name? Ask her about the significance of that accessory or the meaning of her name. Compliment her about any particular aspect of her clothing or personality that you find interesting.

Be sure to give her honest compliments instead of simply offering her cheesy lines or false flattery that'll damage your credibility. Being honest about your emotions is better than putting up a false front too. If you are nervous say so and continue. She'll appreciate your honesty and it'll put her at ease if she happens to be nervous herself.

**It's also important to know what not to do on a first date. Here are a few critical don'ts that you need to keep in mind if you'd like your first date to be a smashing success-**

1) **Don't lie or pretend that you are something or someone you are not.** If she's a non-vegetarian and you are strictly vegetarian, say so. If you are the party-every-night type and she's a homebody, there's no use pretending to love staying at home. The truth will always come out and you'll come off as totally unreliable if you've lied to her about these little things in your zeal to impress her. Stick to the truth.

2) **Don't dress inappropriately for your first date** - A good first impression really counts, so play it safe and wear something that makes you look good. Don't dress down or show up tardy.

3) **Don't show up late** - It's tough to make your date a success if she's been silently fuming over having to wait for you. Schedule enough time to get to where you have to show up and get there early if you can.

4) **Don't make snap judgments about her** - Some people take a while to really bloom. Unless she is totally annoying don't make snap judgments and write her off. Stay open-minded and willing to give it a try or two if things look promising.

5) **Don't eat messy foods or lick your fingers** - It's a good idea not to eat noodles or anything messy on your first date unless you are totally confident about it. Licking your fingers is a strict no-no; it really reflects bad manners.

6) **Don't talk too little or too much** - You want to get a balanced conversation going where both of you get to listen as much as you talk. If you always have to keep the conversation going and there's little input from your date that may mean she's not interested. You can figure this out easily if you ask her to pick up the conversational bat -"Is there anything you'd like to ask me/talk about?" If she doesn't have much to say at this point, then it's time to call it quits as quickly as possible.

7) **Don't gravitate to uninteresting subjects** - Getting too technical about your work or regaling her with your views of what went wrong in the last election on a point by point basis is likely to put her to sleep. Gauge her level of interest and if you feel her attention wandering switch to a different subject.

8) **Don't pass the bill to her** - It's the gentlemanly thing to pay especially if you have asked her out. Chivalry is always a good thing.

9) **Don't ask her** about her age, sex life, previous boyfriends, state of finances or any other details that are too personal.

10) **Don't try to keep the date going on forever** - If the conversation starts showing signs of rolling to a stop, then quit while you are ahead and while you are both still having a good time. It's not an endurance test and there will be other dates with her in the future.

11) **Don't try to be nice and prolong a bad date** - If you find out that you have little in common, or if there's just no chemistry or if she really puts you off, then there's no point in wasting everyone's time. End it as soon as you can.

12) **Don't say you'll call at the end of your date** if you have no intention of doing so. Just say that you had a nice time meeting her.

13) **Don't kiss her at the end of your date**, if it doesn't feel right.

14) **Don't pursue any woman who ends the encounter in under an hour**, using a pretext. It just means she isn't interested in you.

15) **Also remember not to brag about your accomplishments** - While you may be crazy about your car, house or bank balance, bragging about these things is not likely to impress her. It'll just reveal you to be an insecure man. Keep it real.

16) **Most importantly never ever rush into intimacy or push for it** - You'll strike all the wrong notes if you are pushy in this arena. Give things time to develop even if you are insanely attracted to her. If you try to get too intimate too fast, she'll probably peg you as a guy who is just out for some casual fun and will not take you seriously.

This will ruin any chance you may have a getting another date with her.

**If you are ever at a loss for words here are a couple of ideas to spark off more interesting conversation-**

- i) Are you interested in (any of your interests)?
- ii) What are some of the things that would instantly make you happy i.e. if you had a happy button, what are some of the things that would trigger it?
- iii) Would you rather be surprised or would you like to know every aspect of your partner?
- iv) Are you happy go lucky about finances or do you like to budget things and have a clear plan?
- v) A lot of people say it's better to have loved and lost than never to have loved at all - What do you feel about that?
- vi) What do you do to feel better if you are sad or depressed?
- vii) Would you like good things to happen all the time or would you rather have interesting things happen to you?
- viii) What do you think are some of the most essential qualities a man should have?
- ix) What are your top 5 favorite activities that you love to do?
- x) If you could have any type of super power what would you choose? Why?

- xi) If you had all the money in the world, how different would your life be? What would you be doing?
- xii) What are some of the foods that you can't live without?
- xiii) What were some of your most life changing moments or books that impacted you significantly?
- xiv) If you could change yourself overnight what would be the things about yourself that you'd change?
- xv) What kind of activities do you like to do alone and with company?
- xvi) What do you wish you had more of in your life at present?
- xvii) Is there anything that you are particularly looking forward to in the next week, month or months?
- xviii) If you found yourself stranded on a desert island what three items would you choose to have and why?
- xix) What can't you stand in people? What do you find to be the most major turn offs?
- xx) Are you an introvert or an extrovert?
- xxi) What are some of your things you are naturally talented at?
- xxii) What do you worry the most about? Why does it bother you so much?
- xxiii) What kind of traveling do you prefer the most? Spiritual, relaxing, cultural, nature oriented..?

xxiv) How do you handle things when you get upset? What do you normally do?

xxv) What are some of the best things that have ever happened to you?

xxvi) What is your view on being non-judgmental?

xxvii) What do you value most in a friend?

xxviii) What kind of things make you feel the most cared for in a relationship?

xxix) Do you think that love is fun or does it feel like work?

xxx) What are some of your best childhood memories?

xxxi) If you could go back in time, is there anything that you would change about your life?

xxxii) What are some of your favorite toys? Do you still have them?

xxxiii) What would your ideal job or career look like?

xxxiv) What do you like the most about yourself? What do you dislike the most?

xxxv) What kind of skills are you looking forward to learning?

The most important thing you need to remember is to be yourself. Show her your best side and let her get to know you. Most women will be bowled over by any man who can make them laugh so do let your humorous side shine through. It's only a date and you are just getting to know an acquaintance. That's the attitude you need to have to make your date an outstanding success. It takes the pressure off

and allows you to relax. Have fun, enjoy yourself and you'll invariably make a big hit with her in the process. Good luck!

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