

Attract Health, Wealth And Happiness With Feng Shui

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What Is Feng Shui?

Feng Shui (pronounced fung shway) is an ancient Chinese practice that incorporates art and science. It has been in existence for thousands of years. The practice relies on the laws of the universe to help people balance their energies (Chi) within a space. This is to help them receive fortune and health.

The word "feng" means wind and "shui" means water. Therefore Feng Shui means "wind and water". The Chinese people place wind that is gentle and water that is clear in one setting. It is to represent good health and harvest.

Feng Shui prides itself on thinking that the land includes Chi. The word Chi represents energy. The Chinese people believe that the Chi of the land is either good or bad.

Feng Shui comes from the Taoist ideals of living with nature. Taoism embodies religious and philosophical beliefs and has a strong influence in most of Asia.

Taoism is also responsible for creating yin and yang concepts. Yin and yang deal with opposite aspects of a phenomenon or comparing two phenomena. They represent the oppositions in relationships which are found in most areas of Chinese science and philosophy. An example of this would be ancient Chinese medicine.

There are five main Feng Shui elements. When doing a Feng Shui analysis, the Compass and the Bagua are used. The Bagua is a grid that is created in the shape of an octagon (Chinese: 八卦; literally: "eight symbols") are eight trigrams used in Taoist cosmology to represent the fundamental principles of reality, seen as a range of eight interrelated concepts. Each consists of three lines, each line either "broken" or "unbroken," representing yin or yang, respectively. Due to their tripartite structure, they are often referred to as "trigrams" in English.

This grid has symbols of the I Ching. In fact, Feng Shui is based on this premise. In order for you to connect the areas of your home with Feng Shui, you need to understand the concept of Bagua.



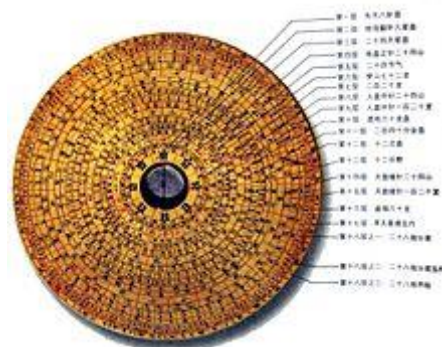
Fuxi "Earlier Heaven" bagua arrangement



King Wen "Later Heaven" bagua arrangement

[Further information about the Bagua](#)

The compass (also known as "luopan") works to gain additional information about a facility. The magnetic needle is surrounded by concentric rings that are strategically placed. The luopan is used to open the mysteries of the universe.



[Further information about the luopan](#)

When learning Feng Shui, you have to start off at the basic level in order for you to understand the entire process. Once you have a good understanding Feng Shui on the basic level, you will get phenomenal results. These results will affect how you perceive Feng Shui. You will then want to use it on a regular basis in your home and your business.

When engaged with Feng Shui, you will need attraction elements in order to have a better life. There are different things that can be used to achieve this. Here are five of them:

- Aquariums
- Fountains
- Crystals
- Colors
- Clocks