

THE PROVEN PATH TO ETERNAL BEAUTY

IDEAL FOR PEOPLE WITH SEEMINGLY
PERMANENT SKIN BLEMISHES



BY THE LEADING RESEARCH SCIENTIST OF BEAUTY THERAPY
DR PIERRE CHENXU

The Proven Path to Eternal Beauty

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DEDICATION

Dedicated to the innocent skin care product end-users who have been robbed of their self confidence time and again without a clue of what's going on.

ACKNOWLEDGEMENTS

The author wishes to thank his customers and non-customers who had placed their trusts in him in providing solutions to their skin blemishes, and the company for allowing him time to respond to these skin-blemish sufferers individually.

Special thanks and honour also be given to his personal Mentor, the late Dr William Arnold Taylor, Founding Member of the Royal Society of Medicine, and the Founder of ITEC, UK. Rest in Peace in eternity, Dr Taylor.

The Royalty-free images made available by certain anonymous and known organizations via the Internet for download and for use in illustrations in this book deserve appreciation and a BIG THANKS too!

Without them this book would not have achieved its intended purpose, although, of course, there is still much room for improvements.

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INTRODUCTION

While you can already learn much from the real live cases Q&As in this eBook, I thought it would be helpful also to include an introductory chapter on the account of my own observation and findings over my years of hands-on R+D experience and my personal encounters with the villagers in some third world countries.

Let me begin by asking you this question.

Have you ever asked yourself why nearly 100% acne sufferers like the photos shown below, are those residing in rich countries and cities that have enough money to purchase revolutionary branded 'herbal' or 'natural' skin care items and the advanced facial creams?



On the contrary, country folks and farmers who cannot afford the luxuries of 'herbal' or natural skin care items and revolutionary facial treatments have better and more beautiful skin like those shown below.



NOTE: Above photos are not specially picked from people with good complexion to deceive you, but were downloaded directly from one single internet source of Farmers Portraits

Well, this is the one and only truth!

As a consumer, you may not be aware that several skin care items, which include acne topical items from top manufacturers and brands, are made with free usual formulas provided by the vendors of raw materials to brand owners who will just manufacture them with various fragrance and color and promote them with dishonest branding techniques.

Branding Technique with the Use of Untrue Advertising Claims

They hire skilled copywriters to write convincing stories and tales and pay celebrities to support and lie in advertisements. Commercials on TV also make use of digital imaging technology in order to deceptively show acne eliminating after using their acne removal products.

You surely know that advertising is the most expensive (but a highly effective tool in marketing) among all types of expenses in operating a business most especially in acne treatment and skin care products. If a million dollar have to be allocated on advertising every new acne treatment and skin care item launched, how much more could these skin care companies afford to allocate on Research and Development which can take a few years before an accurately tested acne treatment or skin care end-product can render fast, safe and effective results.

Furthermore, since acne treatment and skin care products are being sold in the market as promised hopes, unlike a mechanical machine where its claimed features can be validated instantly, their manufacturers and brand owners can abuse this by simply making bold misleading claims of their panacean and magical powers even when they are aware that no extensive research has been conducted to deliver the results being claimed.

They are also aware that the product formula was provided them free by vendors of raw materials, yet they lied to you that they are their very own revolutionary discoveries!

Company CEO and Shareholders Interest

Top brand investors are more interested on the amount of dividends they are getting at the end of the year, then identifying if their CEOs have access to the topnotch formulators in the globe to conduct thorough R+D to generate the next revolutionary skin care products.

The Power of Repeated Misleading Celebrity Endorsements

Celebrity endorsements and advertisements have proven to work amazingly, especially if the story that is told repeatedly sounds compelling with agitated bold claims. These repeated lies by the celebrities will become 'truths' in your mind. When you realize that the acne treatment or skin care product you use did not work and just made your skin's condition worse, the manufacturer had already sufficient profit to make another revolutionary skin care product launch with a completely new story. This only implies that the game goes on your very own expense. Do you already understand the reason why farmers (who do not have money to afford skin care and facial products and do not need acne treatment items) have better skin condition than yourself?

Your Best Defense

Alright, it is unsafe to purchase any acne treatment and skin care product that promotes through huge marketing budget. Yet, the best defense to measure the efficacy and quality is to depend on results that are rendered by the item. If you have not purchased and you are hearing from an individual who told you that a certain product or brand is excellent, see if the complexion of the person has been enhanced after he or she utilizes the endorsed item. If his or her complexion is not baby-soft, radiant, clear and clean but has acne or if his or her acne is not cleared after utilizing the acne treatment item, is not the negative result apparent?

Bear in mind that results would not lie!

If You are a Victim, the Ultimate Help is actually Already Here!

This Dr Pierre eBook and website content at www.dpherbal.com have been created to give you assistance if you are a victim of rascal companies that sold you items that have unfortunately led you to your present complexion dilemma, be it blackheads, acne, pigmentation, milia etc..

Note:

If a question embraces problems belonging to multiple problem categories, the identical question and Dr Pierre's answer may also appear under multiple category headings.

The URL links and email addresses quoted in Dr Pierre's answers may be outdated and no longer work.

The most current URL is: www.dpherbal.com

Our company's current email: support@dpherbal.com

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Questions & Answers On
Non-comedogenic Versus Comedogenic Products

Images of Comedone-infested skin



Most consumers have been taken for a ride by products claiming to be non-comedogenic.

Firstly, let's define what these terms 'comedogenic' and 'non-comedogenic' mean in a product claim.

When a product claims to be non-comedogenic it is telling the end-user that using that product would not cause the skin to clog and lead to comedones (i.e. blackheads in layman terms).

My advice to end-users is to take it with a large bag of salt.

Many emulsion creams are manufactured using Free conventional formulations from raw materials vendors incorporating very high wax content to achieve higher viscosity to give the cream body.

Wax is highly comedogenic!

Any powdered product or products (like foundations) containing talc and pigments (i.e. iron oxides) are also naturally comedogenic. Thus, for products like foundations making claims to be non-comedogenic is preposterous!

However, that doesn't mean that one should not use a foundation product. What's needed is a good cleanser and/or makeup remover to effectively clear the pores daily, and of course without giving rise to another skin flaw such as dry, dehydrated, flaky or sensitized skin after each cleanse or after a period of use.

Question

I have been fighting clogged pores all my life.

But for the past 3 months the problem seems to be getting worse, specially my chin and nose.

Therefore, for the past 6 weeks I have been getting glycolic acid peels with extractions to try and clear up my skin but no luck.

I have also changed my skin care line to a clinical skin care line called Peter XXX XXX based out of New York.

Their products are specially formulated for acne prone skin and clogged pores.

My esthetician does not understand how my pores can be so clogged after all the extraction she performs.

She also says that my skin care routine is correct for my skin type.

I go get these peels every 2 weeks- I have completed 4 of them at the moment.

Also, all of my make-up is non-comedogenic and I do not touch my face.

I have tried absolutely everything to try and clear up this problem and I seem to be using all the correct products - do you think Wondergel would be useful for me? If you think that it might help would be possible to try a sample first.

Please respond as soon as possible.

Thank you for your help.

Alejandra (submitted by alias: Alejandra)

Answer

Hi Alejandra, Clogged-pores is a common skin flaw.

The debris that clogged the pores comprises the skin's surface dead cells, environmental dirt, bacteria, salt from dried-up sweat, staled sebum secretion, waxes dried-up from face creams, and colored pigments (i.e. iron oxides) from dried-up makeup.

These are being deposited on the skin's surface daily.

As such, if they are not properly removed, the accumulations will seriously clog-up the pores.

Glycolic Peeling will not help in your clogged-pores.

Infact it will make it worse for your current situation.

Glycolic Peeling will shed your skin even more, thus producing more shedded dead cells to clog your pores.

From what you described, the products you are currently using aren't effective.

Firstly, you must use a cleanser that really cleans by effectively softening/ dissolving the accumulated debris now clogging your pores, as well as removing your daily debris deposits.

Next, your skin's excessive secretion must be calmed/sedated by applying products that contain soothing/calming active ingredients.

Trying to rid off oily secretions by excessive washing with soap or any foam/soap base cleansers will only make it worse.

When you wash excessively with soap, your skin will dehydrate after each wash.

During the dehydration period, the skin will physiologically react by trying to compensate the temporary loss of oil/moisture by stimulating the oil glands to produce more oil.

This stimulation only causes more oil (which could not flow out due to your clogged condition) to build up beneath your pores and, thus, worsen the situation.

You will find your skin getting coarser.

Makeup are colored products, which contain coloring substances, colored pigment oxides(iron oxides), zinc oxides, titanium oxides, talc, etc..

As such, the manufacturer should never claim that they are non-comedogenic.

To claim that a product is non-comedogenic is to say that the product contains ingredients that will not contribute to the building up of comedones.

Comedones is a medical term for blackheads.

The debris that clogged the pores are blackheads/comedones!!! And all the pigments, oxides and talc are powdery grains which do contribute to pore-clogs.

Unless you have a good and effective cleanser and a good skincare routine, I'd advise that you stop using makeup for one to two weeks.

If you are willing to accept my advice, I would prefer that you stop all others and use the samples I will send you.

It will comprise 4 to 5 items.

I am confident you will see quick positive results, like many others have testified to us.

However, you will have to pay only for the postage which costs about \$10. You only pay upon receipt of the samples.

One more request is that you testify for our products efficacies when you see remarkable improvements.

Please let me know if you want me to send the set of samples.

Regards: Pierre

Question

I am 27 years old, Japanese and living in the States for 6 years.

My acne has started since when I was 14 or so.

(After I started my period.) Although my acne on the cheek is gone, the openpores and redness remained and the skin got rougher.

And the worse thing is the part is expanding year by year.

As I mentioned before, before the menstruation, I get tiny acne inc.

whitehead on the area where I don't have acne before.

So now clear skin is almost gone from my face.

I am sure I usually have whitehead as well as the blackhead.

(I cannot squeeze unless I use needle.) I have whitehead near chin and neck now.

I know it is something to do with my hormone.

So I have started to take birth control pill called Oarth Tricyclen.

It is less than a month so that I cannot figure it has been good for me.

Before I took different kinds of antibiotics, Minocyn or monodox, but didn't work.

I also tryed topical products such as Metrogel, Azlex(New brand), Neostrata, and all kinds of stuff I can get from drug store.

Only tings I haven't try are Retain-A and Accutane....

I am not sure if you are familiar with those products...

I am single, not pregnant.

I usually use facewash from salon, which is Dermelogica "anti-back face wash" or Japanese CAC (Brand) powder type, this one is very mild.

For the toner I use Pola (Japanese) Sekkisei, or Chanel for Oily skin.

Lotion and sun protection I am using Total Diffence from Chanel (Spf 15, non-fre, oil control).

I try not to use fregrance-in, and avoiding oil contained.

I don't usually put makeups.

Night time I am not using anything right now except Vitamin E oil for aroud eyes and neck.

I used to have very oily skin but it is changing.

So I have kind of oily skin but it is also on the cheek.

People usually tell me I got very sensitive, or combi, or oily skin.

Aroun my nose and cheek, I have openpores and I can see oily-white stuff (Are they comedos?) coming out from pores.

Sometimes I use twizler to take or they can be squeezed out.

I don't have Stress that much and I can sleep soon after I am in bed.

I think since I started to take birthcontroll pills, I sleep well.

(But I have very hard time waking up, maybe because my body has been changed as well as the bloodpressure.) I also take vitamins, eat a lot of fruit, vegis, and don't eat greasy that much.

I wash my face twice a day.

I went to see many dermetrologists and, some told me my problem is genetic, but non of my family has this proble that I know.

I even went for lazer because of the spider vains.

The doctor said, most of the redness is caused by acne.

So I have combi of things going on my facial skin.

But my acne is almost unseen (They are looked more like rough skin because they are small and not really poped out most cases)) with the redness.

Well, when I take picture closeup of my face I will send it to you.

Meanwhile I just want to try your products.

I forgot to tell you that I use mask, Purifying Mask from Shiseido and Chinaclay mask from Clentel (U.S. product).

I hardly use scrub since I know it might cause more broken vassels.

Please give me suggestion, I will do anything for my skin.

Thank you very much for taking your time.

(submitted by alias: Sachiko)

Answer

Hi Sachiko, I received your letter and 8 photographs.

Observing from your photos (although not very sharp), your skin is now very sensitive and inflamed.

You also mentioned that you flushed easily even since childhood days.

This means you have got very fine (and fair/light) epidermis.

As such, your skin is quite easily reddened also by sunlight (photosensitive), because your skin contains little amount of melanin pigment cells (melanocytes), and thus cannot effectively protect it from the harmful effects of the UV rays, which worsens your current condition.

Although you need protection from the sun (especially during summer time, or whenever you are out in the open), unfortunately it's not advisable for you to use sunscreen of high SPF value.

You should use only below SPF15 (try a small amount on your neck area first to test if your skin can take it or not).

You should also not use any soap-base cleansers (like the fash wash you mentioned) to wash your face, and you should not wash more than twice a day for the time being.

Soap-based cleansers will cause superficial dehydration (though temporarily).

When this happens two events would follow:

1. The skin cracks and ruptured (and became coarse), and allows bacteria to penetrate freely.

This worsens your acneic condition.

2. Your skin will physiologically react on its own to try to compensate the loss of moisture (due to the temporary dehydration caused by the soap-based cleanser).

When this happens there will be excessive production of sebum underneath your skin, causing your pores to clog.

Soap-based cleansers also contain salt (part of the ingredients to help increase the viscosity of the cleanser) which contributes to the hardening of the sebum.

Cream cleansers are generally better for conditions like yours, but some cream cleansers unfortunately contain large amount of high viscosity wax.

Such cleansers usually leave stains of hardened waxes on skin after rinsing, and thus also contribute to pore-clogs.

Cream cleansers with low viscosity wax and oil are known as non or low-comedogenic and are safer and more effective.

The same applies to day cream and night cream which are to be left on the face for long hours.

Those containing high viscosity wax and oil should be avoided.

You can do a simple test to find out if a cream (cleansers, day and night creams, etc.) is non-comedogenic or hyper-comedogenic (Non-comedogenic means not prone to contributing to comedo).

Just decant one to two ml of the cream and place it on a piece of normal writing paper for one to two days, and observe again (do not spread the cream. Just leave it as a lump like a small molehill).

If, after two days, most of the cream had disappeared and are absorbed into the paper (you can see the oil patch surrounding the cream), leaving very little or no traces of any visible cream on the paper, then the cream is low or non-comedogenic.

If, on the other hand, you find the small molehill of cream is still there or has shrunk only slightly, leaving a lump of hardened wax substance, then the cream contains a high content of wax substance and should be avoided.

Too much of Vit E and Retin A will cause your skin to peel often (not good for sensitive skin like yours currently).

Clay mask will also absorb (suck) moisture from your skin and cause dehydration.

I recommend you stop applying for now.

Now I'm going to recommend you a simple regimen, using only four of our products first.

You should stop all others in order to see speedy results.

The 4 products are:

1. Dr Pierre Product #17/F DeepCleanse Refreshing Fluid.

(This is a liquid cleanser/makeup remover).

2. Dr Pierre Product #69 Licorice Toner.

3. Dr Pierre Product #87 Azulene Active Cream.

4. Dr Pierre Product #090 Wondergel Ginseng AC Cream (Anti-Acne Cream).

Please follow and adhere to the following instructions closely:

A) Every morning:

Step 1 : Decant Prod #17/F on a cotton pad, and wipe face and neck gently to remove staled grease, dirt, dead-cells and any debris.

Step 2 : Rinse thoroughly with running water(Use a facial sponge if desired, but wipe gently and lightly).

Step 3 : Tap dry with a tissue(avoid using towel for time being).

Step 4 : Apply #69 with a cotton pad, by tapping lightly on face and neck, and wait a while for it to dry and to be absorbed, before going to the next step.

Step 5 : Apply #090 sparingly on acne spots(or acneic areas).

Apply #87 on all other unaffected areas.

For the time being, please avoid applying any makeup(except eyebrow and lip areas).

B) Every Evening/Night:

Step 1: Decant Prod #17/F on a cotton pad, and wipe off makeup first(in your case eyebrow and lip areas only, if you do apply), then wipe face and neck gently to remove staled grease, dirt, dead-cells and any

debris.

Step 2 : Rinse thoroughly with running water(Use a facial sponge if desired, but wipe gently and lightly).

Step 3 : Tap dry with a tissue(avoid using towel for time being).

Step 4 : Apply #69 with a cotton pad, by tapping lightly on face and neck, and wait a while for it to dry and to be absorbed, before going to the next step.

Step 5 : Apply #090 sparingly on acne spots(or acneic areas).

Apply #87 on all other unaffected areas.

Other Hygiene/Health Aspects to observe:

1. Tie your hair up when sleeping to avoid bacteria from hair from spreading to your ruptured skin.
2. Change your pillow case as often as possible - preferably cover it with a clean towel and change it daily.
3. Wash your hair daily if possible(avoiding the shampoo from flowing down on your face!!!).
4. Avoid squeezing, fiddling and pricking your acnes(or face) with bare hands/fingers.
5. Avoid the sun.
6. Avoid fried food.
7. Drink plenty of plain water.
8. Go to bed on time and sleep at least 7 to 8 hours nightly.

Do not stay up late at night.

9. Avoid dusty places or places near chemicals, where chemical gas/fumes are likely to be present.

Above steps are also applicable for your hands and other parts of the body as well.

Samples will be sent to you this week, and you should receive them next week.

Keep in touch with us, and let us know of your improvement, or if you have any further clarification to make, please don't hesitate to email me.

Best Regards: Pierre

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Questions & Answers On Cleansers & Harsh Effects of Soaps

Images of Dry/Dehydrated skin



Lots of end-users with oily skin have been told by aestheticians that they are more suited to use a non-oil cleanser, a foamy cleanser or a gel cleanser.

Manufacturers (using Free conventional formulas from raw materials vendors) have also been quick to simply follow the trend in offering their so-called 'water-based' cleansers.

Even the beauty 'experts' are unaware that all cleansers (including non-oil cleansers, foamy cleansers, gel cleansers) contain some amount of oil, and that it is not because of the oil content in a cleanser that's causing hell to break loose on their skin, but the amount of the oil content, what oil (animal fat or plant) & how and what other ingredients are blended together.

The most serious problem is that today foamy facial cleansers (or any so-called soap cleansers) incorporate detergent in those Free conventional formulations. Both soap and detergent are surfactants (surface active agents).

Although soap and detergent differ in chemistry – soap, a metallic salt of a fatty acid being more natural than detergent which is generally synthetic, both are harsh and harmful to the facial skin in particular.

Even though soap is more natural, rigorous R+D and skills in formulation is still the key to churning out a safe soap cleanser, like the Dr Pierre pH3.5 #327 Ginseng Facial Wash.

Likewise, emulsion cleansers (incorporating oil), with great skills, can be formulated to deep cleanse gently yet rendering a clogged-free clean, clear, fairer refreshing baby-soft complexion as what have already been achieved long ago by Dr Pierre's Product #s 14, 14D, 16, 016, 31-O, 31-D, 031.

Question

I recently noticed that my pores are much more enlarged than before, around my cheeks and nose.

I'm not sure what to do about this.

I use daily face wash and recently started using a pore cleansing wash, but it doesn't seem to help.

Is there an efficient way to effectively tighten my pores? Thank you.

(submitted by alias: Tom)

Answer

Hi Tom, I believe your daily face wash and your recent pore cleansing wash are both soap base.

Soap base cleansers will cause your surface oil and oil within the pores to harden.

Since there are always debris on the surface skin and within the pores, they too got hardened.

When clogged debris are hardened, and couldn't be cleared daily, they accumulated more and at a much

faster rate over time.

This accumulated clogged debris expanded and caused the pores to enlarge as well.

To tighten up your pores, you need first to clear them of the clogged debris.

To clear the clogged debris you need good effective cleansers that work by gently softening and dissolving them, and without robbing your skin of its natural oil secretion.

You also need other items in your skin care regimen that are non-comedogenic(i.e. creams that do not contain high wax content in them).

Try our sampleset, and you'll see fast amazing results.

For your convenience I have pasted a copy of our text version Sampleset Request Form below here for your completion.

Best Regards: Dr Pierre

Question

I HAVE DRY DEHYDRATED SKIN NO LOTION WORKS I USE NIVEA VISAGE FACIAL NOURISHING I HAVE CHANGED PRODUCTS SEVERAL TIMES.

I ALSO GET BLACKHEADS AND I BREAK OUT WITH RED PIMPLES THAT ARE UNAPPEALING THEY USUALLY ARE NOT BIG JUST RED.

I HARDLY EVER WEAR FACE MAKEUP.

I JUST CAN NOT GET RID OF IT AND IT IS A REAL ANNOYANCE.

PLEASE HELP WHAT SHOULD I USE? (Submitted by alias: Name withheld by request)

Answer

Hi, most likely you must have been using soap as your daily/nightly cleanser to cleanse your face, and/or have used some other treatment products that dehydrate your skin.

Stop using soap and any other product that is dehydrating your skin.

Soap causes hardening of oil and debris and leads to more clogged pores.

Clogged pores trapped bacteria, and led to breakouts.

So, your problem can be resolved with a good set of daily/nightly skincare products that cleanse effectively by dissolving those clogged debris, yet not dehydrating your skin, and not hardening fresh oil secretions and debris(which comprises dead cells, dirt, salt from sweat, waste and bacteria from sweat, etc.), AND that truly moisturizes your skin without adding deposits to your clogged pores to get them more clogged.

Most creams from other companies contain a high wax content.

When the water content from the cream evaporates, leaving the solid wax component as deposit, the pores got more clogged.

Get hold of a set of our samples now, and you'll soon regain your youthful baby-soft complexion.

For your convenience I have pasted a copy of our text version Sampleset Request Form below here for your completion.

Best Regards: Dr Pierre

Question

Hi Dr Pierre, I used to have very few pimples although my T-zone is kind of oily.

But about two years ago, I started to breakout more frequently.

About six months ago, the situation got really worse.

I breakout a lot on cheeks, then chins, but not much on forehead or nose.

But overall my face looks very oily.

I even breakout on some not so oily area.

I've been using clinique products for almost two years.

They don't seem to help.

I've been using Nxxxxxxx acne product for past seven months, and that could probably be why my acne problem get worse.

I stopped using makeup, but things didn't change.

What would you recommend for me to try?

(submitted by *alias*: Rachel)

Answer

Hi Rachel,

That was only the beginning.

When skin is oily it attracts makeup powder, dirt, bacteria more easily, and together with the daily shedded stale dead cells, can flow inwards into the pores and clog them.

The deposits accumulate over time, and if you don't have an effective cleanser to remove them daily, that's it.

The bacteria in the clogged deposits multiply rapidly, and when your health is weak at times with low defense activity from within your own body, the on-going battle between the bacteria and your weak defense system would cause the red swelling to appear(those are pimples).

After a while, they became pustules.

Pustules are dead bacteria.

That's a good sign, because it means that the bacteria have lost the battle, and the pimple will subside.

However, because of the same on-going health and hygiene habits with the use of ineffective skincare products, new bacteria and other harmful deposits continue to be absorbed through the pores, and the problem usually aggravate over time.

Worse, most skincare creams contain high wax content.

Despite their big names, most of these companies use Conventional formulations obtained FREE from their chemical suppliers, just like FREE recipe books given to housewives by suppliers of edible oil.

That is why they are all about the same amongst the different big brand names.

When the cream's water content evaporates the remaining solid Wax deposit aggravates the clogs, by causing the clogged debris to harden further.

At this stage most people thought frequent cleansing with soap-based cleansers will rid the oiliness and the clogged pores, and controlling secretions.

Most skincare product companies encourage and endorse such methods with the use of their Conventional formulations.

Soap-based cleansers emulsify away fresh soft secretions instantly causing skin to dehydrate.

The freshly secreted oil is much needed by the skin to BOND the daily shedded dead cells together to form that protective layer known as SEBUM or ACID MANTLE.

Soap also contains salt which will readily cause the clogged oily deposits to harden further.

When skin gets dehydrated, the bonding breaks, and the skin ruptures, thus becoming easy grounds for bacterial invasion and foreign matters to penetrate.

What need to be rid off daily are those hardened staled waste deposits, but soap-based cleansers won't remove them.

Instead, they only made them harder and more difficult to remove over time.

After each wash with a soap-based cleanser, when the skin's freshly secreted oil is removed, the skin will physiologically react to compensate the loss oil by multiplying its sebaceous production activity, thus causing the surface to appear oily again within a few hours.

During that few hours of transition time, the skin was in a ruptured condition and bacteria and foreign matters got in easily.

When increased sebaceous activity caused the skin to become oilier hours later lots of the oil will also be absorbed by those clogged deposits on their way out through the hair follicles.

Thus, the deposits get thicker as the absorbed oil became hardened through the same vicious cycle.

So, the skin will appear oily but with enlarged pores, blackheads and acne over time, and your total complexion appears coarse and thick.

If you do have great effective cleansers, you can continue to use makeup.

However, if you were to continue with the current set of cleansers you have, then obviously makeup will aggravate the problem, although not using them will not help either, due to the ineffectiveness of the cleansers and the comedogenic creams that are depositing waxes into your pores daily.

I strongly urge you now to stop using all of them, and switch to using the complete set of our herbal products for your daily/nightly regimen.

I assure you that you will regain your baby-soft youthful and supple complexion soon! Even with the first application you will see and feel the great difference, and within days your family members and friends will notice the change in your complexion.

Well, we do offer free samples by uniquely matching a set for your skin.

Infact, we encourage potential customers to try our samples first, despite the fact that we have over 95% satisfied customers (incase someone happens to be among that remaining <5%).

The sampleset comprises 5 to 7 items(depending on your skin condition), to be used for your daily and nightly routine.

This is to provide you an opportunity to use exclusively only our line of products, without mixing with products from other brands, in order to achieve fast efficacious results.

You need only pay US\$10 for postage and handling.

The sampleset will be shipped via registered air parcel directly from Singapore.

However, you need first to provide us with info of your skin condition, either online at: <https://web62366.securesites.com/ss45b/matsamp.htm> OR alternatively, by completing the text version sample request form I have pasted here below. **(site and scheme no longer active)**

And if you have enough confidence in our products through multiple great testimonials from our customers, and want to purchase the retail sizes right away, then use another form which I have pasted below the first.

(Note: Actual forms are removed from here to save space)

Best Regards: Dr Pierre

Question

Dear Sir: I'm in my early 20's and have had acne for 10 years now.

I have gone to 2 separate dermatologists and both have put me on Benzamycin.

I'm originally from the north, but have lived in Florida for 4 years now.

I thought the sunshine and salt water would help heal and clear my skin.

Though, it has not.

I usually have very oily skin which is partially contributed to all the sun and hot, humid weather.

I wash 3 times daily to keep control of my oil secretion of my glands.

Though, I still have acne, blackheads, and cysts.

My T-zone is fairly okay.

Blackheads and a few whiteheads here and there on forehead, nose, and cheeks.

Major problem is my chin, which is weird to me because my brother and friends might have acne or breakouts on their cheeks and none on their chin.

In my case, it is reversed.

My chin just will not clear up for anything.

I have scarring around right side of mouth and down that chin line.

I just recently went to see dermatologist and he informed me that I have deep cystic pockets on both sides of chin, with a few in middle.

He put me Retin-A (.25%) and that has done nothing but made it worse.

I have heard nothing but good response about Retin-A, but I feel my skin is immune to it.

Over the past 10 years, I have tried everything and anything to heal my face.

Obviously, nothing has worked.

So, after reading some of these letters sent in to you, I am curious as to whether your product can help and heal my face.

I work out at a gym 6 days a week and do take supplements to enhance my muscles.

I also take Vitamins B and C daily, and also was considering some liquid Vitamin E for face.

Is that good? I have a rather partially balanced diet due to college implications and such.

I usually obtain 7-10 hours of sleep a nite 5 out of 7 days a week.

Currently, my face is drying harshly and thus I have to use a moisturizer which contradicts the whole cleansing process.

Due to my ance of the past 10 years, I have suffered deep depression stages which have almost eliminated self-esteem and confidence as well as hindered any drive to perform daily routines.

So, if you could recommend some samples along with a daily routine of your product line to help: a) cleanse my skin properly b) exfoliate the dead skin cells c) remove blackheads d) unclog the cysts e) reduce drying, irritation, and redness I would gladly appreciate it and any other recommendations you may have.

Thank you, Jim (submitted *by alias: Jim*)

Answer

Hi Jim, Too much sunshine will actually dehydrate your skin, thus causing it to rupture, and allowing easy bacterial invasion.

I supposed you wash your face with soap or some kind of foam cleanser.

That will actually make your skin worse.

Soap will rob your skin of the essential oil that is needed to hold your skin's surface dead cells together to form a natural protective layer(called acid mantle).

Apart from dehydrating your skin(and causing the rupture), the sebaceous glands will be stimulated to multiply the production of oil to compensate for the loss caused by the soap.

This happens physiologically and automatically the moment your skin becomes dehydrated.

Thus, you will have a condition of external dehydration, and internal pore-clogging caused by hyper-activity of your oil glands.

There are many cases of side effects reported by users of Retin-A.

All supplements of this kind help your body produce amino-acids(proteins).

The process will cause your body to heat up easily.

That is, your body becomes heaty easily.

Symptoms of an over-heaty body are: sore throat, nose-bleeding, mouth ulcers(most common of all), bad breadth, acnes and pimples.

You need to drink plenty of water.

No Vit E for you now.

It will amplify your body heat further.

Your workout schedule is a healthy practice, without which, your current facial condition could have been worse.

Yes.

The dehydration is the net result of your current skincare regime, as I have explained above.

Stop using soap altogether now.

Moreover, I'm quite certain the moisturizer you are using now contains also high content of waxes(most

moisturizers from other companies using Conventional formulations given them free by chemical companies contain high amounts of waxes!).

Stop using that also.

I understand your predicament.

I'm sure we can be of great help.

OK.

You need not buy any retail sizes of our products first.

We do offer free samples by uniquely matching a set for your skin.

In fact, we encourage potential customers to try our samples first, despite the fact that we have over 95% satisfied customers (in case someone happens to be among that remaining <5%).

The sample set comprises 5 to 7 items (depending on your skin condition), to be used for your daily and nightly routine.

This is to provide you an opportunity to use exclusively only our line of products, without mixing with products from other brands, in order to achieve fast efficacious results.

You need only pay US\$10 for postage and handling.

The sample set will be shipped via registered air parcel directly from Singapore.

However, you need first to provide us with info of your skin condition, online at:
<https://web62366.securesites.com/ss45b/matsamp.htm> (**site and scheme no longer active**)

Best Regards and have a blessed New Year!

Dr Pierre

Question

Your products look very promising; I have had acne since I was 13 and have done 3 courses of Accutane, which works at the time of use and for a few months afterward.

Then the acne comes back and it is currently very flared up.

I use Dove moisturizing soap, and have tried most of the drugstore acne preparations such as Clearasil, Tea Tree Oil, etc.

and several prescription items such as topical antibiotic ointments.

None are effective.

I have dry skin on cheeks; oily t-zone; acne on forehead, around nose, and lately, around the jawline.

Your advice is appreciated.

This is an excellent site.

(submitted by alias: Lynne)

Answer

Hi Lynne, Hope you are aware of the side effects of Accutane.

There are many different methods offered for topical acne treatment.

Most topical products treat them by drying them out(thus causing skin peeling).

Results with such methods will, at most, be temporal as the real root of the problem that causes the acnes has not been addressed.

The acnes were merely suppressed.

Thus, when they have a chance to return, they appeared flared up.

Despite how much moisturizing ingredients are incorporated in a soap, it remains a surfactant(surface active agent), although some are gentler than the others.

It is the surfactant that emulsifies the skin's surface oil(the sebum) away.

After each wash, with the drying of the skin, the underlying oil and sweat glands will have to physiologically react by increasing their production of oil and sweat to compensate the loss.

This inevitably causes the outer skin to appear dry(but temporarily), while the underlying skin is oily.

The drier outer skin will rupture, thus allowing increased bacterial invasion.

Eventually, the oil will surface and give a more greasy appearance than before.

The increased production of oil will thereby increase the risk of more clogged pores.

Salt contained in soaps will also cause hardening of the clogged debris(commonly known as comedones or, simply, blackheads).

Soap should never be used as a permanent daily cleanser in your skincare routines.

During winter(or during drier months) the problem can be aggravated by using soaps.

Clearasil is also known to be treating acnes by drying them out.

Each time when the skin dries, it cracks.

The sebum(that is the natural emulsion of sebaceous secretion and sweat excretion, known as acid mantle that is needed to provide a covering layer against penetration of any foreign matter) becomes unstable and breaks up, leaving no protection, but becoming a conducive area for bacterial growth and invasion.

Tea tree oil, if not adulterated with low grade oils, can yield effective treatment without any known side effects so far.

Topical antibiotic ointments may be used as temporary aids to prevent the spread of bacteria, but it should not become a part of long term routine in your skincare regimens.

It will eventually reduce your body's need in defending itself, and you will become more and more dependent on them.

Our herbal line of products does not treat acnes by drying them out.

And we do not believe in just treating the symptoms alone.

We get to the root of the cause, and advice you what you must or must not do, besides using our products.

Should you decide to place your order of products with us, I will recommend a set to match your current skin-type and skin flaws.

Regards: Dr Pierre

About the Author



Dr Pierre BG Chenxu

Dr Pierre is the Research Director at Nexphase International Pte Ltd., a Herbal Cosmeceuticals company involved in the Research & Development of Skin treatment products.

Also an ITEC (International Therapy Examination Council) certified Beauty Therapy Teacher and a certified Psychiatrist, he was personally mentored by the late Dr. William Arnhold Taylor, Founding Member of the Royal Society of Medicine, and the Founder of ITEC, UK.

Dr Pierre has over 30 years of experience and research in creating more than 100 unique and pioneering beauty and skin treatment products and has had major success in treating skin flaws that were previously thought to be incurable by dermatologists.

Following are some of his achievements:

1983:

1st to Research, Develop and Manufacture a wide range of Herbal Skin Care & Treatment Products indicated for skin flaws such as Seborrhoea, Pigmentation, Acnes, etc., when every other company was still importing and marketing products without a clear understanding on their suitability.

1st to Develop and Manufacture Eye Gel and Face Gel long before they became popular now.

1st to Develop and Manufacture Facial Scrubs using smooth spherical POE soft beads in mild oil-in-water emulsion base, instead of using the conventional coarse pumice sand or almond husk grains in harsh strong soap bases.

1st to Develop and Manufacture a range of Professional Salon Tailor-make Active Massage Creams and Active Masks using Active Fluids made from herbal extracts for treating specific skin problems.

1st to Develop and Manufacture Anti-UV Day Creams (i.e. SPF creams), Foundations and Lotions for daily use, when other companies still believed that Anti-UV action is only for sunscreen products for beach applications.

1984:

1st to introduce and conduct Courses for Professional and Character Makeup for stage, TV and movies in Singapore. In a national makeup contest, all four of his students who participated came in 1st, 2nd, 3rd & 4th positions respectively.

1990:

1st to Develop and Manufacture the talk-of-the-town Wondergel, the first safe, convenient and painless Blackhead Remover Gel (now known as Ginseng Exfoliating Gel), which has attracted the attention of

more than ten Malaysian and Singapore medias including one popular French Beauty Magazine to write more than 30 articles concerning Dr. Pierre's Wondergel.

1st to export Singapore-made quality herbal skin care products to the USA, Europe, Taiwan, Hong Kong, Malaysia and Indonesia.

1993:

Received the International Europe Awards for Quality.

1995:

Received the International Europe Awards for Quality.

1997:

1st to export Singapore-made quality and unique herbal skin care products to China.

1997:

Received the International Award for Best Trade Name.

2000:

Received the highly acclaimed Commercial Prestige Award.

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