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# Foreword

Bringing in the New Year is the world's oldest remaining celebration. Historians think the ancient Babylonians were the first to mark the event approximately 4000 years ago! Since 46 B.C. when Caesar ordered that the calendar should begin in mid-winter, Western civilization has celebrated the New Year on January 1st. The Romans called the first month of their new calendar after Janus, their god of fresh origins. Portrayed with 2 faces, Janus was able to review the old year and frontward to the new one at the same time, representing learning from the past and acquiring hope for the future.

Romans observed the New Year by giving each other branches from sacred trees to guarantee good luck and a favorable new beginning. Today's New Year's customs are fairly different from those of our Roman ancestors. Nowadays we watch football bowl games, take down holiday decorations and, naturally, make resolutions for the coming year!

According to U.S.gov, the 10 most popular New Year's resolutions in the U.S. are:

- Handle debt
- Slim down
- Get a better line of work
- Get in better physical shape
- Stop smoking
- Drink less alcohol
- Volunteer to help other people
- Spend more time with loved ones and friends
- This book will cover finances.

### Financial Resolution Secrets Top 10 Ways To Set And Fulfill Resolutions And Make More Money Easily

# Chapter 1:

Setting Financial Goals

## **Synopsis**

The importance of goal setting has been well boasted for all sorts of ambitions and aspirations.

### **Know What You Want**

When making New Years resolutions, finances, Getting in shape, giving up smoking, academic and vocation goals are a couple of the areas were putting down particular targets is suggested.

Financial goals are what we are discussing here. Even if you already recognize what you wish to accomplish make sure you take the time to work through this exercise. It is crucial. How important your goals are will become apparent as you move through the procedure of making out your plan. It will be a process but it is crucial that you take the time to do it.

When expert financial planners meet with a new person or client for the first time the beginning question they ask is; "What do you wish that your revenue would do for you?"

Essentially, he is asking what their true financial goals are. With a series of questions the financial planner is slowly stripping back the layers to see what their true goals are. You are not meeting with a financial planner in person right now. So, goals setting is something we will accomplish in steps in this book. This chapter is the opening move.

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